Hampton Manor
PREMIER ASSISTED LIVING of Clinton

SENIOR LIVING *guide*

Navigating senior living can be overwhelming.

Our guide is here to help you gain a better understanding of the service line options and levels of care that are available to seniors who call our communities home.

PART 1:

HAMPTON MANOR ADVANTAGE

What is The Hampton Manor Advantage?

Hampton Manor Premier Assisted Living was built on a foundation of family values: compassion, honesty, respect, and above all, service to others. For 25 years, we've been connecting with people across the Midwest who share these values. When you choose a Hampton Manor senior living community, you can count on us to serve you according to our values, and to uphold those values with standards you can depend on. That's The Hampton Manor Advantage.

You'll feel it the moment you walk through our doors, and you'll see it everywhere you look. It's what makes every Hampton Manor Senior Living community a choice you can be proud of.

It's having a lifestyle that will always surprise you.

At Hampton Manor, we believe each day should be more special than the last. That's why we've created an activities calendar filled with opportunities for connecting with others—whether it be through themed events, trips into town, or exploring new passions with friends that share them. Our vast range of Life Enrichment activities are designed to promote creativity and brainpower while tending to your mental and spiritual wellness. And if you need to stay connected from a distance, we have the technology and the know-how to keep you in touch with those you love.

It's a dining experience that will keep you coming back for seconds.

If you were to ask any of our residents about their dining experience, you might be surprised by the variety of their responses. Some might tell you about the unique flavor of their personalized dish. Others might talk about the time that the dining room was transformed into a Las Vegas casino. At Hampton Manor, we believe that dining is an experience to be savored, and no two experiences should ever be the same. Thanks to our signature dining programs, we're proud to enrich the lives of those we serve at each of our senior living communities—three times a day, seven days a week.

PART 2:

UNDERSTANDING CARE OPTIONS

We offer luxury Independent Living apartments, compassionate Assisted Living and Memory Care services for those living with Alzheimer's or another form of dementia. Every level of care we provide, from basic assistance to round-the-clock clinical care, is delivered by people who will take the time to learn your story, and who will act in your best interests, always.

Assisted Living / Personal Care

What is Assisted Living?

Assisted Living services are here to offer a helping hand while you maintain your maximum level of independence. Whether it's making the bed or managing your medications, our clinical experts will help you with any and all activities of daily living so that you can enjoy living life to the fullest. *Our Assisted Living services include:*

- Assistance with activities of daily living.
- Licensed nurses available 24/7.
- Medication administration or assistance.
- Social Services available as needed.

Our Assisted Living residents also enjoy the comfort of having their own private/semi-private suites—complete with full bathrooms, walk-in showers, and housekeeping and laundry services. Each suite also has convenient access to nearby dining and living areas.

How do I know if Assisted Living is right for me?

Knowing whether you or a loved one needs Assisted Living can be challenging—especially if you don't know what you're looking for. That's why we've compiled a list of signs to be on the lookout for when considering your options for senior living.

Memory Care

What is Memory Care?

Memory Care services are available to help those navigating a journey with Alzheimer's or a form of dementia. When experiencing memory loss, simple moments that may have been taken for granted become both meaningful and comforting—which is why it's essential that they have access to both specialized programs and compassionate support.

- Our Daily Rhythms programming is supported by national Alzheimer's advocacy groups, and provides those with memory loss a schedule that promotes comfort and fulfillment.

I'm thinking about Memory Care for my loved one. How do I start the conversation?

When communicating with those with Alzheimer's or dementia, it's important to be mindful of any obstacles they might face.

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Independent Living

What is Independent Living?

Independent Living services are encouraged for those who value living on their own while being free from day-to-day hassles. As a member of an Independent Living community, you'll enjoy having friends next door without ever having to worry about when you'll mow the grass, who will take care of the dishes, and when there will be something to do.

Apartments include:

- A full kitchenette.
- Cable.
- Wi-Fi availability.
- A smoke-free community.
- A pet friendly community!

Everyday conveniences include:

- Meal plan options with restaurant-style dining.
- Scheduled outings and activities.
- 24-hour emergency maintenance.
- Laundry service available.
- Moving assistance.

PART 3:

FREQUENTLY ASKED QUESTIONS

What are your business office hours?

Monday – Friday:
8:00 A.M. – 6:00 P.M.

Who do I contact if something needs to be repaired in our suite?

Should you need something repaired, our Operations Director can assist you. Any team member can complete a repair request for you. You can also enter a request from our campus website under the "Contact Us" tab.

Who do I contact for assistance with moving furniture or other heavy items in our suite?

For assistance with moving heavy items, simply contact Operations Director. We have several carts to make moving furniture easier.

Who do I contact if I want to share a meal with my loved one while at the campus?

We prefer reservations 24 hours in advance for any Guest Meal—but will do our best to accommodate you with less notice. A Guest Meal ticket for our standard breakfast/lunch/dinner is **$7.50.** Guest Meal tickets for special events, such as Sunday Brunch or a holiday meal, are **$12.50.** Meal tickets are sold in the Business Office or through the Manager-on-Duty on Saturday and Sunday.

Do you offer accommodations for a private family dinner or celebration?

Yes. Private dining rooms are available for a special dinner, celebration, or to enjoy a meal in an intimate atmosphere. Make your reservation by contacting Guest Relations. Private Dining Rooms are reserved on a first-come, first-served basis.

Can I access the Internet while I am in your campus?

Yes. Wi-Fi access is available in the common areas of our campus.
Select the "Resident" network connection.